

The Congregation at Prayer

*A Guide for Daily Meditation and Prayer
For the Week of the First Sunday in Lent
February 21, 2021 through February 28, 2021*

Catechesis Notes for the Week—Food for the Soul—“[The Lord’s Supper] is appropriately called the food for the soul since it nourishes and strengthens the new man. While it is true that through Baptism we are first born anew, our human flesh and blood have not lost their old skin. There are so many hindrances and temptations of the devil and the world that we often grow weary and faint, at times even stumble. The Lord’s Supper is given as a daily food and sustenance so that our faith may refresh and strengthen itself and not weaken in the struggle but grow continually stronger...For such times, when our heart feels too sorely pressed, this comfort of the Lord’s Supper is given to bring us new strength and refreshment...” (The Large Catechism, Tappert Edition, p. 449, paragraphs 23-24, 27).

The Order of Meditation and Prayer

Pray and confess out loud as much from the order of meditation and prayer as you are able or as your family size and ages dictate. Learn by heart the verse, catechism, and hymn of the week.

Invocation

In the name of the Father and of the Son and of the Holy Spirit. Amen.

Apostles’ Creed

Verse of the week: Psalm 23

“The Lord is my shepherd; I shall not want. He makes me lie down in green pastures. He leads me beside the still waters. He restores my soul. He leads me in paths of righteousness for his name’s sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows. Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the LORD forever.”

Psalm 25 and/or the appointed daily psalms as listed below

Prayer on the Psalm: Heavenly Father, God of all grace, govern our hearts that we may never forget Your blessings but steadfastly thank and praise You for all Your goodness in this life until, with all Your saints, we praise You eternally in Your heavenly kingdom; through Jesus Christ, our Lord. Amen.

Daily Psalms	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	84	119:73-80	34	5	38	22	43	84
Evening	42, 32	121, 6	25, 91	27, 51	126, 102	107, 130	31, 143	42, 32

The Catechism: The Sacrament of the Altar—Where is this written? What is the benefit of this eating and drinking?

Where is this written? The holy Evangelists Matthew, Mark, Luke, and St. Paul write:	Second Grade +
Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the disciples and said: “Take, eat, this is My body, which is given for you. This do in remembrance of Me.” In the same way also He took the cup after supper, And when He had given thanks, He gave it to them, saying, “Drink of it, all of you; this cup is the new testament in My blood, which is shed for you for the forgiveness of sins. This do, as often as you drink it, in remembrance of Me.”	Kindergarten +
What is the benefit of this eating and drinking? These words, “Given and shed for you for the forgiveness of sins,” show us that in the Sacrament forgiveness of sins, life, and salvation are given us through these words. For where there is forgiveness of sins, there is also life and salvation.	First Grade +

Readings for the Week of the First Sunday in Lent

Day	Bible Stories for the Family and Academy	Daily Prayer Readings from LSB, p. 299	
Sunday	The Temptation of Our Lord—Mark 1:9-15	Gen. 4:1-26	Mark 2:18-28
Monday	The Bread from Heaven – Exodus 16:1-15, 31	Gen. 6:1-7:5	Mark 3:1-19
Tuesday	Water from the Rock – Exodus 17:1-7	Gen. 7:11-8:12	Mark 3:20-35
Wednesday	The Golden Calf – Exodus 32:1-20	Gen. 8:13-9:17	Mark 4:1-20
Thursday	Touching the Hem of His Garment – Luke 8:40-56	Gen. 11:27-12:20	Mark 4:21-41
Friday	Review	Gen. 13:1-18	Mark 5:1-20
Saturday	Catch Up on Readings or Look Ahead to Sunday’s Readings	Gen. 15:1-21	Mark 5:21-43

Prayers: Collect for the Week, Daily Themes for Prayer, In Our Prayers at Victory in Christ

Collect for the week of First Sunday in Lent:

O Lord God, You led Your ancient people through the wilderness and brought them to the promised land. Guide the people of Your Church that following our Savior we may walk through the wilderness of this world toward the glory of the world to come; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Daily Themes for Prayer

- Sunday:** *Pray for the joy of the resurrection among us; for the fruit of faith nourished by the Word and Sacraments.*
- Monday:** *Pray for faith to live in the promises of Holy Baptism; for one's calling and daily work, for the unemployed; for the salvation and well-being of our neighbors; for schools, colleges, and seminaries; for good government and for peace.*
- Tuesday:** *Pray for deliverance against temptation and evil; for the addicted and despairing, the tortured and oppressed; for those struggling with besetting sins.*
- Wednesday:** *Pray for marriage and family, that husbands and wives, parents and children live in ordered harmony according to the Word of God; for parents who must raise children alone; for our communities and neighborhoods.*
- Thursday:** *Pray for the Church and her pastors; for teachers, deacons, deaconesses, and other church workers; for missionaries and for all who serve the Church; for fruitful and salutary use of the blessed sacraments of Christ's body and blood.*
- Friday:** *Pray for the preaching of the holy cross of our Lord Jesus Christ and for the spread of His knowledge throughout the whole world; for the persecuted and oppressed; for the sick and dying.*
- Saturday:** *Pray for faithfulness to the end; for the renewal of those who are withering in the faith or have fallen away; for receptive hearts and minds to God's Word on the Lord's Day; for pastors and people as they prepare to administer and receive Christ's holy gifts.*

In our Prayers at Victory in Christ this Week

Healing

Al Culberson, Barbara Cole, Suzanne Richardson, Dante Pelligrino, Rachel Moreland, Joy Kroeger, Tina Sawall, Peg Munson, Diane Goains, Richard Schroeder, Jack Teague, Jacob Brewer, Orrion McJimsey, Debbie Drovwall, Joe Schober, Gordon Munson, Jenny Jones, Eugene Kroeger

Strength

Our Shut-ins

Employment

Peace and Comfort

The family and friends of Sylvia Declue Kelinske, who passed away this week, the Rice Family, and the King Family

Expectant Mothers

Military and Over Seas

Kyle Rohloff

College Students

Gabrielle Funke, Hailey Richardson, Jared Rohloff, Logan Rohloff, Ben Schielke, Jacob Schielke, Gina Visingardi

Seminarian

John Schober

Blessings

Mission / Ministries

Our Academy and the missions we support

Lord's Prayer and Morning or Evening Prayer from the Catechism

Hymn of Week

"The Infant Priest Was Holy Born"

LSB 624